

BIST ELEMENTARY PLAN FOR SUCCESS

Student Name _____ Date _____ Review Date _____

Teacher/Staff _____

Section 1. Goals for Life (*Identify the life goal the student is working on.*)

- I can make good choices even if I am mad.
- I can be okay even if others are not okay.
- I can do something even if I don't want to. (or if it's hard)

Section 2. Triage (*Identify triage questions and replacement skill the student is practicing.*)

I can make good choices even if I am mad.	I can be okay even if others are not okay.	I can do something even if I don't want to. (or if it's hard)	Replacement Skills
<ul style="list-style-type: none"> ○ When you are angry, what can you say beginning with "I think" or "I feel?" ○ How will your voice sound? ○ Where can you go to calm down? ○ What will I see to know you're calm? ○ Other: _____ _____ 	<ul style="list-style-type: none"> ○ What can you say when someone says something you don't like? ○ How will you manage without making it worse? ○ Where will you go if others are making poor choices? ○ Other _____ _____ 	<ul style="list-style-type: none"> ○ What will you say when an adult asks you to do something you don't like? ○ What will it look like so you don't make it worse? ○ Where can you be productive without making it worse? ○ Other _____ _____ 	<ul style="list-style-type: none"> ○ Practice the words and place I will go when angry ○ Practice what I will say and do if someone is bothering me ○ Practice how to ask for help ○ Practice safe hands ○ Practice using kind words ○ Self-control <input type="checkbox"/> Other _____ _____

Triage with whom? _____ Times of Triage? _____

Where will student go if unable to partner or not okay? _____

Section 3. Accountability (*Identify restrictions needed to protect the student*)

- Start the day in the Safe Seat Other: _____
- Build in proactive use of the Buddy Room daily.
- Hallway: __ Assigned Place __ Walk by Adult __ Buddy Rm. __ Focus Rm.
- Lunch: __ Assigned Place __ Safe spot __ Focus Rm. __ Other _____
- Group Work: __ Assigned Place __ Work by Adult __ Desk __ Safe Spot
- Recess: __ Triage __ Choice of 2 activities __ Play in 1 area __ Focus Rm.
- Specials: __ Assigned Place __ Sit by Adult __ Safe Spot
- Bus: __ Assigned Seat __ Target Sheet __ Daily Job

Section 4. Target Behaviors (*Identify 1-3 target behaviors to help the student reach their goal*).

- I will not touch others or others' things
- I will stay supervised/ in seat/ in bounds.
- I will not talk or make noises.
- I will not say hurtful or negative remarks.
- I will let the adult tell me what to do and do it the first time.
- I will not make hurtful gestures
- Other (specify)_____

Section 5. Contribution (*Daily job to contribute to the building/increase sense of purpose*)

Job _____ Time of Day ____ Adult _____

Section 6. Visual

- Target Behavior Sheet
- Triage Pass
- Skill Triage Pass
- Picture of student showing desired behavior
- Other _____

Student will practice target behaviors _____ times per day

Student Signature: _____

Adult Signature: _____

PLAN REVIEW

Date _____

What things are you doing better with?

What things are you still struggling with?

Where are you on a scale from 1 to 10 (1 is still struggling a lot, 10 is almost perfect)?